YOU Next Wave Youth Centre, Strathroy is the central hub for young Middlesex County residents to receive information and support related to housing, employment and education.

CMHA Middlesex, Strathroy provides a variety of programs and services to people experiencing a mental health challenge including the 24-hour Support Line.

Women’s Rural Resource Centre Children’s Program, Strathroy supports children and youth by providing a safe place to process experiences of trauma related to family violence.

SARI Therapeutic Riding, Arva delivers therapeutic horseback riding instruction and developmental opportunities to more than 100 children and adults with special needs each year.

Stevenson Children’s Camp, Dorchester provides children from low-income families with overnight summer camp experiences.

YMCA Western Ontario Community School Program, Delaware offers in-school activities that help children develop skills and improve academic achievement.

**IMPROVING LIVES LOCALLY**

**More than 8,500** Middlesex County residents benefit from a United Way funded program each year. In 2019/20, $497,300 will be invested in programs and services located in Middlesex County. This is in addition to dollars invested in London-based programs and services accessed by county residents at a London location or at an outreach location in Middlesex County.