



LONDON FOR ALL

A ROADMAP TO END POVERTY



Changing Mindsets

1.9 Strengthen programs to counteract violence against women and support National Inquiry into Missing and Murdered Indigenous Women and Girls

City of London Strategic Plan (2019 – 2023)

The City of London is the first municipality in Canada to add safety of women as a standalone pillar in their [strategic plan](#).

Creating a Safe London for Women and Girls. Outcome: London has enhanced the potential for women and girls to live safe lives. Expected Result: Decrease male violence against women and girls who are subjected to abuse, assault and non-state torture in their intimate relationships; sex trafficking; sexual assault; and workplace harassment.

Anova

Anova strives for an inclusive world of shared power where everyone lives freely without fear of violence is possible. Anova works to create change to eliminate patriarchal patterns that result in gender-based sexual violence and inequality.

Anova is the product of a merger between London's Women's Community House and Sexual Assault Centre London, to provide improved services to our community. Anova provides safe places, shelter, support, counselling, and resources for abused women, their children, and all oppressed individuals to find a new start.

All of the services available through Women's Community House and Sexual Assault Centre London are still available with improvements, including improved accessibility, streamlined service, more service options at their four sites, improved services for children, enhanced sexual violence and prevention work for youth, and an integrated 24-hour helpline.

London Abused Women's Centre (LAWC)

LAWC provides free long-term, woman-centred, trauma-informed counselling, advocacy and support to women and girls over the age of 12 who are or have been:

- Abused by an intimate partner
- Sexually assaulted
- Sexually exploited into the commercial sex trade (prostitution, trafficking, pornography)
- Tortured by an intimate partner, sex purchaser, trafficker, pimp
- Sexually harassed / harassed in the workplace

My Sister's Place (MSP)

My Sisters' Place (MSP) is a safe, welcoming and inclusive centre that supports women through drop-in and wrap-around services. Many experience multiple vulnerabilities including gender based violence, trauma, chronic mental and physical health challenges, homelessness or housing instability, substance use, and extreme poverty. Developed with input from women of lived experience, My Sisters' Place offers a comprehensive multi-disciplinary support system with the capacity to deliver practical needs, specialized services and education/skills development under one roof. At the core of My Sisters' Place is a commitment to promoting a welcoming and non-judgmental culture, a reprieve from the stigma women so often feel in other community settings. Within its mother agency CMHA Middlesex, MSP connects women with mental health services, Case Management, Clinical Services, and Community Programs. MSP also works closely with community partners to connect women with other supports in the community.

Atlohsa Family Healing Services

The "See Me" exhibit – Featuring the Artwork of Sean Couchie - is an art installation located at Atlohsa's downtown location. Its purpose is to continue the conversation about the Missing & Murdered Indigenous Women & Girls across Canada & the legacy of Residential Schools.

Zhaawanong Women's Shelter – provides emergency shelter and support for Indigenous women and their children who are at risk of violence, abuse and/or homelessness

Kizhaay Anishinaabe Niin (Men's group) – is a program based on the Seven Grandfather Teachings and emphasizes that violence against women has never been an acceptable part of Native cultures. The overall purpose of this program is to engage the men of Native communities to speak out against all forms of abuse towards women. Using a culture-based and holistic approach, this program seeks to provide education for men to address issues of abuse, re-establish traditional roles and responsibilities, and to support Native men who choose not to use violence.

Kanawayhitowin (Women's group) – is a program to provide support to individuals who are at risk or are currently living in an abusive relationship. The cultural based program focuses on ending the isolation that women feel in addition to emphasizing life skills and empowerment. All the while incorporating an underlying theme of ongoing awareness and educating clients on proper safety planning.

Okaadenige – is a private circle for survivors of human trafficking and sexual abuse. The survivors circle brings together those who have lived experience in human trafficking to provide support, access to traditional knowledge & teachings and to explore topics related to healing in a closed, safe space.

Changing Ways

By disrupting violence and abuse, Changing Ways plays a pivotal role in contributing to the safety of women, children and men. Changing Ways provides alternatives for those wishing to end and take responsibility for their abusive behaviour. Changing Ways helps men and women who are emotionally, psychologically, verbally, sexually and/or physically abusive towards their partners.

National Inquiry into Missing and Murdered Indigenous Women and Girls – Reclaiming Power and Place: The Final Report of the National Inquiry into Missing and Murdered Indigenous Women and Girls was released in June 2019.

<https://www.mmiwg-ffada.ca/final-report/>

Annual Memorial March for Missing and Murdered Indigenous Women and Girls

Indigenous women in Canada experience violence every day, through racism and sexism. The march is held annually on February 14 as a call to action, a moment to mourn, an opportunity to remember the women who are still missing, and a time to dedicate ourselves to justice. Sample media coverage from London 2018:

<http://thefirstnationscanada.com/2018/02/memorial-held-for-murdered-and-missing-indigenous-women-and-girls/>

Museum London – hosts various Indigenous exhibits that raise awareness of prejudice, discrimination, and oppression.

Moose Hide Campaign

The Moose Hide Campaign is a grassroots movement of Indigenous and non-Indigenous men and boys who are standing up against violence towards women and children. Wearing the moose hide signifies your commitment to honour, respect, and protect the women and children in your life and to work together to end violence against women and children.